



A Journey to the Land of the Saints

I • Barrind’s Story

The members of the community enter and pray in silence. After the community is fully assembled, the prelude should be presented.

Prelude

“Barrind’s Story”
(from The Voyage of Saint Brendan, translated by John J. O’Meara)

The legendary journey of Saint Brendan, who came to be known as ‘The Navigator’, begins with an amazing story told one evening by a visitor to the saint’s abbey.

A period of silent meditation follows the reading before the leader begins the penitential prayers.

Penitential Prayers

A bell rings and the members of the community kneel. If anyone cannot kneel, they should remain seated with their head bowed.

Leader
All

We bend our knees
(making the sign of the cross)
**in the eye of the Father who created us,
in the eye of the Son who purchased us,
in the eye of the Spirit who cleansed us.
Amen.**

All stand.
Leader

Lord Jesus Christ,
give us the grace of repentance;
give us the grace of earnestness;
give us the grace of submission.

**Give us the strength and courage to confess our guilt
as earnestly as were this the moment of our death.**

Community
Leader
Lord Jesus,
you are shade to those in the heat;

others. Help us also to remember those who are harmed by unkind words and verbal abuse.

May we all hear the gentle voice welcoming us into the fellowship of Christ.

O God, bless us in our errands and protect us in our travels. Help us also to remember those who are lost, walking through life without direction or hope.

May we all be guided into the fellowship of Christ.

O God, lessen our sins and increase our trust in you. Help us also to remember those burdened by guilt and shame, especially those deep in despair.

May we all find forgiveness in the fellowship of Christ.

O God, guard us from distress and protect us from misfortune. Help us also to remember those feeling battered by the turbulence of their lives, whether through their own choices or the actions of others.

May we all find consolation in the fellowship of Christ.

O God, shelter us from harm and aid us in life's struggles, protect us under your shield and guard us from harm, guide us in your ways and clear the paths before us. Be by our knees, by our backs and by our sides in every step we take in this stormy world.

Amen.

In the silence of your heart, bring your special needs or concerns before God. If you wish us to join in your prayers for these needs, speak them aloud, saying when you are finished, "For this I pray."

Members of the community offer their particular prayers. The community's response to these individual petitions is:

May God's blessing be yours, and well may it befall you.

When these personal prayers are finished, the leader offers the final blessing.

May God our Father
be with you lying down,
be with you rising up.
May Christ our Brother
be with you sleeping,

so we may do your will on earth at all times ...
... as the angels and saints do in heaven.

Holy God,
Father, Son and Spirit,
pour down upon us from heaven
the rich blessing of your peace.
Peace between nations ...

... peace between neighbors.

Peace between kindred ...

... peace between lovers.

Peace between persons injured ...

... peace between foes.

Holy God,
Father, Son and Spirit,
help us to love and bless your creation,
all that we see, all that we hear, all that we touch.

Let us share your peace with our fellow creatures at all times,
living as signs of forgiveness and reconciliation on the earth ...

... as the angels and saints do in heaven:

**without malice, without jealousy, without envy,
without fear, without terror of anyone under the sun.**

**And may the Father, the Son and the Spirit
kindle in our hearts the flame of love to our neighbors,
to our foes, to our friends, to our kindred all,
to the brave, to the knave, to the thrall.**

The peace of the Father of Joy,
the peace of Christ the Lamb,
the peace of the Spirit of Grace, be with you.

**The peace of the Father of Joy,
of Christ the Lamb, and of the Spirit of Grace,
be with us all.**

Let us share a sign of peace with those present here
as a testimony to the peace God offers to the world.

The members of the community share a sign of peace before sitting down. A brief period of silence follows before the reader begins the Word of God.

The Word of God

Reader	I set the teachings of Christ before you; I set the guarding of God about you. May it possess us and protect us all.	Hymn (optional) <i>Then, the leader continues the service.</i>
Community		
Reader	A reading from the Gospel according to Saint John. Jesus left Judea and started back to Galilee. But he had to go through Samaria. So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the	
Prayers and Blessings		
Leader	Praise to the Father, praise to the Son, praise to the Spirit. The three in one.	
Community		
<i>All stand.</i>		
Leader	Let us pray for the coming of the Kingdom, in the words our Lord taught us:	
All	“Our Father in heaven, hallowed be your name. Your kingdom come. Your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not bring us to the time of trial, but rescue us from the evil one.” (Matthew 6: 9-13)	
Leader	Thanks be to you, Eternal Father, for you have enwrapped our bodies and our souls, safeguarding us in the sanctuary of your love and sheltering us under the mantle of your care. O God, bless our homesteads and care for all therein. Help us also to remember those without home or refuge, especially those displaced by war and poverty. May we all find refuge in the fellowship of Christ. O God, bless our kindred and protect those who are close to us. Help us also to remember those who are alone, without family or friends. May we all find companionship in the fellowship of Christ. O God, bless our words and help them bring joy and comfort to	

For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.” (1 Corinthians 11: 23-26)

O Gracious God, *(making the sign of the cross)*
may your Spirit come upon us, and upon this bread and wine,
so that it might illumine our understanding, kindle our will,
incite our love, strengthen our weakness, and enfold our desires.

Community

O Generous Lord,
cleanse our hearts, make holy our souls, confirm our faith,
keep safe our minds, encompass our bodies about
so that in our own hearts, we may feel your presence.

Leader

O Holy Spirit, of greatest power,
come down upon us and subdue us;
from your glorious mansion in the heavens.
The knee that is stiff, O healer, make pliant,
the heart that is cold, make warm beneath your wing;
guide the soul that is wandering from your path
and it shall not die.

Each thing that is foul, may you cleanse,
each thing that is hard, may you soften with your grace,
each wound that is causing us pain,
may you make whole.

Now to the Father who created each creature,
now to the Son who paid ransom for his people,
now to the Holy Spirit, comforter of might:
shield and protect us from every wound.

Encompass the beginning and the end of our race,
give us courage to sing in glory,
in peace, in rest, in reconciliation.

Leader

Come share in the table of the Lord,
source of love for those who cherish his kindness,
source of solace for those who need his forgiveness,
source of hope for those who fear his judgement.

Come share in the table of the Lord.

Community

Where no tear shall be shed,
where death comes no more. Amen.

The community shares the Eucharist in silence. Afterward, the table is cleared during the hymn. If there is no hymn, the members of the community use this time for private prayer.

true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ).

“When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

The gospel of Jesus Christ, source of strength,
Source of salvation, source of healing grace.

Community

May it be a mantle to our bodies.

A brief silence follows the reading, until the leader begins the psalm.

Leader

Psalms 19, Verses 1 through 14.

The heavens are telling the glory of God;
and the firmament proclaims his handiwork.

Community

Day to day pours forth speech,
and night to night declares knowledge.

Leader

There is no speech, nor are there words;
their voice is not heard;

Community

yet their voice goes out through all the earth,
and their words to the end of the world.

Leader

In the heavens he has set a tent for the sun,
which comes out like a bridegroom
from his wedding canopy,

Community
Leader

and like a strong man runs its course with joy.

Its rising is from the end of the heavens,
and its circuit to the end of them;

Community
Leader

and nothing is hid from its heat.

The law of the Lord is perfect,
reviving the soul;

Community

the decrees of the Lord are sure,
making wise the simple.

Leader

The precepts of the Lord are right,
rejoicing the heart;

Community

the commandment of the Lord is clear,
enlightening the eyes.

Leader	The fear of the Lord is pure, enduring forever;	Leader	Thanks be to you, Holy Father of Glory, father-kind, ever-loving, ever-powerful, because of all the abundance, favor and deliverance that you bestow on us in our need.
Community	the ordinances of the Lord are true righteous altogether.	Community	May your name be praised forever, in the heavens above and here on earth.
Leader	More to be desired are they than gold, even much fine gold;	Leader	Whatever Providence befalls us as your children, in our portion, in our lot, in our path, give to us with it the riches of your hand and the joyous blessing of your mouth.
Community	sweeter also than honey, and drippings of the honeycomb.	Community	May your kingdom be seen to flourish through the joy of your people, always grateful.
Leader	Moreover by them is your servant warned; in keeping them there is great reward.	Leader	In the steep common path of our calling, be it easy or uneasy to our flesh, be it bright or dark for us to follow, your perfect guidance will be upon us.
Community	But who can detect their errors? Clear me from hidden faults.	Community	Provide for us in all our needs, material and spiritual, this day and every day.
Leader	Keep back your servant also from the insolent; do not let them have dominion over me.	Leader	Be a shield to us from the wiles of the deceiver, from the arch-destroyer with his arrows pursuing us, and in each secret thought our minds get to weave, guide and protect us.
Community	Then I shall be blameless, and innocent of great transgression.	Community	Do not allow us to be tossed about by temptations and protect us from all evils that would do us harm.
Leader	Let the words of my mouth and the meditation of my heart be acceptable to you,	Leader	O Loving Christ, who was hanged upon a tree, each day and each night we remember your covenant; in our lying down and rising up, we yield ourselves to your cross, in our lives and our deaths, we seek in you our peace.
Community	O Lord, my rock and my redeemer.	Community	Each day, may we remember the source of the mercies you bestowed on us, gently and generously; each day, may we become fuller in love with you.
There is a brief silence after the psalm before reading or presenting the audio version of the following reflection.		Community	My brothers and sisters, with St. Paul, I say to you: “I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, ‘This is my body that is for you. Do this in remembrance of me.’ In the same way he took the cup also, after supper, saying, ‘This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.’
Reflection	“Walking with the Celtic Saints” by Timothy J. Ray	Leader	
A period of silence is observed after the reflection for private meditation, with or without music. Afterward, the leader proceeds to the Eucharistic Prayer after the optional hymn.			
Hymn (optional)			
Eucharistic Prayer			
If the community wishes to share the Eucharist, the table is prepared during the hymn. If there is no hymn, the table should be prepared in silence — slowly and deliberately. Then, the leader begins the Eucharistic Prayer.			